

## **Mental Health Program at KVCC**

### **Lots of Changes**

- New Department Chair – Shawn Young
- New curriculum starting in Fall 2019

### **Two Choices**

- Certificate in Mental Health
  - MHT 101 – Mental Health Seminar
  - All 10 MHT courses
- Associates of Applied Science in Mental Health
  - MHT 101 – Mental Health Seminar
  - All 10 MHT courses
  - Additional General Education classes for AAS Degree
    - COM 104 or COM 105
    - ENG 101
    - PSY 101
    - MHT 117 or MHT 113
    - SOC 101
    - ENG 121
    - SOC 204 or PSY 204
    - General Elective (6 credits)
    - Science with a Lab

### **What is the MHRT/C?**

- It is a certification that allows you to work in the mental health field.
- This certification focuses on the community-based treatment of ADULTS with chronic, pervasive, and persistent mental illness.
- Certificate is made up of 10 areas of competence:
  - Introduction to Community Mental Health (MHT 104)\*
  - Psychosocial Rehabilitation (MHT 124)\*
  - Interviewing and Counseling (MHT 110)\*
  - Crisis Identification and Intervention (MHT 112)\*
  - Cultural Competence and Diversity (MHT 125)\*
  - Vocational Aspects of Disability (MHT 226)
  - Substance Abuse with Dual Diagnosis (MHT 218)
  - Sexual Abuse, Trauma, and Recovery (MHT 214)
  - Case Management (MHT 220)
  - Mental Health and Aging (MHT 216)
- MHRT/C Certifications
  - Processed through the Center for Learning
  - MHRT/C Level A Certification (Bachelor's degree, one year to get \*)
  - MHRT/C Level B Certification (have all the \*, effective for 2 years)

### **Work with an MHRT/C**

- Community Integration
- Intensive Case Management
- Assertive Community Treatment
- Skills Development
- Day Support Services
- Family Psycho-education

## **NEW MHRT/C Certification**

- Effective Fall 2019
- Maine's Mental Health System 101: An Introduction to our History, Values, Services and Roles...currently embedded in the MHT 101 – Mental Health Seminar course.
- <http://mhrt.trainingserver5.org>
- Certificate is made up of 8 Competency Domains:
  - Behavioral, Psychological, and Rehabilitation Intervention Models (new class)\*\*
  - Community Integration and Inclusion (MHT 220 – Case Management)\*\*
  - Ethics and Professional Conduct (new class)\*\*
  - Trauma and Resiliency (MHT 214 – Sexual Abuse and Trauma)
  - Policy Knowledge (new class)
  - Mind-Body Connection (new class)
  - Cultural Competency (MHT 125 – The Changing Workplace)
  - Vocational Supports (MHT 226 – Vocational Aspects of Disability)
- Provisional Certification
  - Made up of Domains I, II, and III
  - Plus ONE additional class...for a total of 4 classes.
- Continuing Education Requirement:
  - MHRT/C expires every two years.
  - Current certificate holders need to update their certifications.
  - Continuing education must occur within these two years.
  - 18 hours total – related to competency domains.
  - 4 hours of these must be in Ethics.

## **Pathways**

Making your way through your entry into the program and through the transition into the new curriculum:

**Option 1** – Take all 10 of the MHT courses prior to the end of Summer 2019.

**Option 2** – Focus MHT choices on the following classes, which will “transfer” into the new curriculum, and then finish the MHRT/C in the new curriculum.

- MHT 125 – The Changing Workplace
- MHT 214 – Sexual Abuse and Trauma
- MHT 220 – Case Management
- MHT 226 – Vocational Aspects of Disability

**Option 3** – Complete the current Provisional requirements prior to the end of Spring 2019. You then have two years to complete the new curriculum.

Accepted Student Night - Kennebec Valley Community College  
August 23, 2018

**m-Learning**

- Integration of mobile learning platform into curriculum to support expectations in the field.
- Apple iPad Required to access course materials and to utilize specific identified apps.
  - CourseBooks – MHT 124, MHT 110, and MHT 226
  - Apps
  - Recording
  - Accessing Blackboard and using “DropBox”
- Mark Kavanaugh is an Apple Distinguished Educator – Expert in iPad integration in education.
- Peer support and Faculty/Admin support is excellent.