

Note Taking Self-Assessment

Listening and Note Taking Self-Assessment			
	Often	Sometimes	Seldom
1. I read my assignments before I go to a lecture.			
2. I find lectures interesting and challenging.			
3. My lecture notes are well organized.			
4. I recognize main ideas in lectures.			
5. I recognize supporting details of main ideas.			
6. I recognize patterns in lectures, i.e. cause-effect, concept-example.			
7. My lecture notes are complete.			
8. I recognize relationships between lectures and readings.			
9. I integrate my lecture notes with my reading notes.			
10. I summarize my notes, both lecture and reading, in my own words.			

11. I review my notes immediately after class.			
12. I conduct weekly reviews of my notes.			
13. I edit my notes within 24 hours after class.			

How did you do? Taking this self-assessment should help you identify the note taking skills on which you need to work. Good note taking skills include doing all of the things listed above for every class.