

Training Children to be Independent

Adapted from Merrilee Boyack

Original list can be found at <http://boyacks.com/merrilee/the PLAN.pdf> or in her book: "Teaching Your Children to Fly"

AGE 3	AGE 4	AGE 5	AGE 6
Dress Self	Make Bed	Straighten Rooms	Take Shower
Toilet Trained	Make own Breakfast	Vacuum	Dusting
Brush Teeth	Make Sandwiches	Empty Garbage Can	Unload Dishwasher
Pick Up Toys	Beginning Room Cleaning	Set Table	Load Dishwasher
Say Prayers	Clean Glass Tables	Clear Table	Clean Sinks
Wash Walls	Begin Articles of Faith	Make Own Lunch	Water Plants
Obedience	Learn Proper Manners	Canned food Warm up	Call & Answer Phones
Personal Vitals (bday, age)	Get Allowance	Outfit Matching	Laundry Care
Yes Ma'am / Sir	Floss Teeth	Memorize Phone/Address	Beg Personal Planning
AGE 7	AGE 8	AGE 9	AGE 10
Wash Dishes	Grooming Hair & Nails	Mop Floors	Beginning Sewing
Learn Nutrition & Body Care	Personal Talent Development	Bake Cookies from Scratch	Excercise Program
Clean Toilets	Clean Mirrors	Read Scriptures Daily	Rent Video
Pull Weeds	Read Scriptures Daily	Emergency Prep	Clean Stove
Savings Account	Sex Talk (near 8th bday)	First Aid	Clean Oven
Read w/Comprehension	Care for Pet	Fill Car with Gas	Make 6 Salads
Get up by self w/alarm clock	How to build a fire	Wash Car	Use Blower
Know Articles of Faith	Set Personal Goals	Clean Interior of Car	Place a Collect Call
Learn Proper Table Manners	Bake a Cake Mix	Hamer Nails	Use a Pay Phone
Money Management	Set Table Properly	Saw Wood	Place a Long Distance Call
Learn Proper Etiquette	Maintain Journal	Cook Vegetables	Wrap Presents
Baptism	Clothing Purchasing	Write Letters	Sew Butons
	Keep Personal Planner	Use Email	Wilderness Survival
AGE 11	AGE 12	AGE 13	AGE 14
Arrange for Own Haircuts	Read Newspaper	Party Planning	Basic Int. Decorating
Clean Refridgerator	Current Events & Politics	Advanced Cooking Class	Food Storage Basics
Clean Cupboards	Public Speaking	Grocery Shopping & plan	Debit Card
Straighten Drawers	Make/Keep Dentist Apt	Own Budget Book	Interest/Debt/Securities
Straighten Closets	Understand Basic Filing	Pay House Bills	Ident. Business Skill to get
Bake Pies	Beginning Genealogy	Use ATM	Advanced Politics/Law
Bake Bread	Order Something by Phone	Certify CPR	Accompany Parent to Vote
Beginning Meal Planning	Order Something by Mail	Type w/out Looking	Change Flat Tire
Cook Several Meals	Order Something by Net	attend Movies Alone	Basic Mechanics
Ironing	Shopping and Sales	Herb/Prescription Use	Structural House Repairs
Mow Lawn	Check Fluids in Car	Memorize S.S#	Memorize Seminary Script.
Use Weed Wacker	Paint Interior/Ext of House	Make-Up Care	Clean Garage
Garden Maintenance	Babysitting	Laundromat how to	Sell Items on Internet
Babysitting Class	Mending	Public Transp how to	Firearm handling
Use Camera	Clean Windows	Personal Defense	
Basic Knit/Crotchet	Use Filtered Internet	Ironing	
AGE 15	AGE 16	AGE 17 & 18	
Career & College Prep	Get License!	Focus on school, job, college prep, mission prep, etc	
Interviewing	College/Career Prep	because you are officially "trained" for the real world!	
Resume Prep	Arrange for Car Insurance		
Driver's Permit/Practice	Cell Phone & Pay for it!		
Follow Assembly Instructions	Checking Account		
Plan & Build something w/dad	Get a Job!		