

Feedback

The test that you have just taken is based on the Five Factor Model of personality. There is a broad consensus amongst personality theorists that this model, which describes five major 'domains' or traits, is the best current description of the structure of personality. The five major dimensions, and your scores on them, are described below. Try to interpret your results on the basis of the overall pattern, rather than just concentrating on particular scores.

Factor I : Extraversion (AKA Surgency)

This trait reflects preference for, and behavior in, social situations. People high in extraversion are energetic and seek out the company of others. Low scorers (introverts) tend to be more quiet and reserved. Compared to other people who have taken this test, your score on this dimension (37) is *relatively high*.

Factor II : Agreeableness (AKA Friendliness)

This trait reflects how we tend to interact with others. People high in agreeableness tend to be trusting, friendly and cooperative. Low scorers tend to be more aggressive and less cooperative. Compared to other people who have taken this test, your score on this dimension (34) is *relatively high*.

Factor III : Conscientiousness (AKA Will or Dependability)

This trait reflects how organized and persistent we are in pursuing our goals. High scorers are methodical, well organized and dutiful. Low scorers are less careful, less focussed and more likely to be distracted from tasks. Compared to other people who have taken this test, your score on this dimension (39) is *relatively high*.

Factor IV : Neuroticism (AKA Emotional Stability)

This trait reflects the tendency to experience negative thoughts and feelings. High scorers are prone to insecurity and emotional distress. Low scorers tend to be more relaxed, less emotional and less prone to distress. Compared to other people who have taken this test, your score on this dimension (10) is *relatively low*.

Factor V : Openness (AKA Culture or Intellect)

This trait reflects 'open-mindedness' and interest in culture. High scorers tend to be imaginative, creative,

and to seek out cultural and educational experiences. Low scorers are more down-to-earth, less interested in art and more practical in nature. Compared to other people who have taken this test, your score on this dimension (29) is *relatively high*.

A word of caution - your score on each scale was interpreted relative to a large (2448) sample of other people who have done the test: 'relatively low' means your score was in the bottom 30%, 'relatively high' in the top 30%, and 'about average' somewhere in the middle.

However, it is known that different groups of people (e.g. men and women) are likely to score differently on various measures. Therefore, the people you were compared to in generating the feedback may not have been people exactly like you. We are continuing to gather data which will enable a more accurate interpretation of responses. The information you have given us will help in this process.

Because we are trying to do this, it is important that each person's responses are only counted once (otherwise, the sample will be distorted). Therefore, if you want to try taking the test again, please indicate when asked that your responses should not be logged.

If you wish to know more about the scientific study of personality, personality assessment, or the Five Factor Model, we suggest the following websites:

- [The Personality Project](#) - Lots of information and references about personality theory and research.
- The [International Personality Item Pool](#) web pages.

Thank you for your participation in this project.

The researcher responsible for this study is [Dr. Tom Buchanan](#) (*Department of Psychology, University of Westminster, UK*). If there are any comments you wish to make, please send email to buchant@wmin.ac.uk