



**KENNEBEC VALLEY COMMUNITY COLLEGE**

**FAIRFIELD, MAINE**

**Social Sciences Department**

**Approval Date: 05/20/15**

**Semester: Fall 2016**

**COURSE NUMBER:** MHT112 **CREDIT HOURS:** 3  
**COURSE TITLE:** Crisis Identification and Intervention **CLOCK HOURS:** 45  
**PREREQUISITES:** None  
**CO-REQUISITES:** None

<b>INSTRUCTOR</b>	<b>VOICE MAIL</b>	<b>OFFICE</b>	<b>E-MAIL ADDRESS</b>
Amanda Clark	N/A	N/A	aclark@kvcc.me.edu

**OFFICE HOURS:** Email to schedule a time

**TEXTS:**

No textbook...all materials are available in the online course content.

**OTHER MATERIALS:**

A variety of articles and other materials will be provided during the class and through Blackboard. The materials are provided to support additional learning and students are expected to read them.

**COURSE DESCRIPTION:**

This course introduces students to crisis intervention theory and practice. The course will focus on basic crisis intervention skills, theories of crisis intervention, and the dynamics of specific kinds of crisis situations. Current issues in crisis intervention will be explored. Multiculturalism and diversity will be integrated throughout the course, particularly in relation to effective crisis intervention and resolution. Stress and burnout, as they affect crisis clinicians, will be examined and strategies for prevention and professional development discussed.

**COURSE OBJECTIVES:**

Upon successful completion of this course, the student should be able to:

1. Identify, explain, and demonstrate basic crisis intervention skills.
2. Explain the key concepts of crisis intervention theory.
3. Describe their interpersonal strengths and areas for growth.
4. Identify ethical and cultural issues related to effective crisis intervention.

## **COURSE CONTENT:**

Lesson 1: Understanding Crisis

Lesson 2: Crisis Intervention Skills

Lesson 3: Child Abuse and Neglect

Lesson 4: Intimate Partner Violence and Domestic Violence

Lesson 5: Alcohol and Drug Use

Lesson 6: Threats of Suicide, Homicide and Other Violent Acts

Lesson 7: Rape and Sexual Assault

Lesson 8: Loss and Bereavement

Lesson 9: Crisis Intervention in Schools

Lesson 10: Diagnoses Connected to Crisis

Lesson 11: Community Response to Crisis

## **COURSE ACTIVITIES:**

### **Lesson Plans**

The entire course is divided into “Lessons” that cover specific topics and learning objectives in the class. The Lessons are listed in the Course Outline above. Each Lesson is there to supplement the classroom learning we are engaged in. The activities may include reading, exploring the web, researching, completing quizzes (multiple choice, short answer, and essay questions), and assignments (written work submitted as an attached document in a “drop box”). All the Lessons are located in the “Lesson” folder in Blackboard. Click on the link and review the contents.

Each Lesson consists of:

- A Lesson Plan that outlines the content and provides detailed instructions as to any assignments
- Direct links to any Discussions, Assignments, or Quizzes that go along with that Lesson.

### **Lesson Quizzes**

These quizzes will consist of questions related to activities I assign in the class, the content of the supplemental material, information you gather from research, or information from your interview (see below).

Within each Lesson outlined you will be provided with a lists of ALL the questions in the specific quiz. You should prepare your answers ahead of time and then enter these answers into the appropriate online quiz. Quizzes must be completed by due dates indicated. You may be able to work ahead on some of these quizzes as well.

*Extensions on the due dates for Quizzes may be allowed with sufficient reason; however, I reserve the judgment to not grant an extension. If you anticipate needing extra time it is best to get in touch with me PRIOR to the due date.*

## Assignments

The assignments have been incorporated into this class to not only teach you course content, but to also enable you to demonstrate learning associated with the KVCC General Education Outcomes.

### Ethical Reasoning Assignment

### Inquiry and Analysis Assignment

The assignments in this class are not particularly complicated; but, they WILL require thoughtful planning and time management to complete them adequately by their due dates.

Throughout this class you will have opportunities to practice skills necessary for working in the field of community mental health. This is part of the attendance grade in the course.

## Special Assignments:

Special Assignments relate to specific assignments created to measure general education learning outcomes and the Essential Learning Outcomes identified by the college. ELOs are marked by a single asterisk (\*) in the course Learning Outcomes while other general education learning outcomes are marked by a double asterisk (\*\*).

Ethical Reasoning - Students will demonstrate proficiency in ethical reasoning

Inquiry and Analysis - Students will demonstrate proficiency in inquiry and analysis

## COURSE OUTCOMES

1. Student will be able to define crisis and identify the emotional, cognitive, and behavioral symptoms of reactions to crises.
2. Student will be able to identify cultural differences in reactions and responses to crisis.
3. Student will be able to explain and demonstrate procedures for effective crisis intervention.
4. Student will be able to identify the three messages (content, feeling, and meaning) in sample client interactions, case studies, and role plays.
5. Student will be able to demonstrate, through case studies, class participation and role plays, effective communication skills (such as clarification, reflection, questions, and empathy) which are necessary for effective crisis intervention.

Grading for the course will be accomplished in the following manner (students must have grades in ALL aspects of the class in order to pass the class):

Special Assignments	=	30%
Lesson Assignments	=	25%
Discussions/Attendance	=	25%
Quizzes	=	<u>20%</u>
Total Grade	=	100%

## **GRADING SCALE:**

Letter Grades are based on a final grade scale of 0 – 100 as described below:

95 – 100	A
90 – 94	A-
87 – 89	B+
83 – 86	B
80 – 82	B-
77 – 79	C+
73 – 76	C
Below 73	F

Please note that I will not be giving grades below a C. The rationale for this is that students who do not master more than 72% of the material in this class will most likely not be prepared to meet the expectations of future classes or programs that require this course. This simply means that you have not learned enough material to really say that you have “passed” the class.

Students who make arrangements for submitting work after the course is completed will be given a letter grade reflecting the work they HAVE done. I will not be submitting grades of “I” or “Incomplete”. When the student has completed the work that is missing I will then change the final grade accordingly.

Considering the structure of this class I anticipate that I will be rarely making this type of accommodation and would only be made under extreme circumstances.

## **ATTENDANCE POLICY:**

Students are expected to attend all classes regularly and to arrive promptly. The Faculty and Administration of KVCC believe that excessive, unexcused absenteeism or tardiness reflects directly upon the reliability of a student and can be an indicator of how the student will perform on the job after graduation. The design of programs at the College renders lost time virtually impossible to make up. For these reasons, I will be following the attendance policy the College has adopted:

- Full credit for attendance in a face-to-face class will be given when you arrive on time and are prepared to be in class. This is a pass/fail and "no excuse" policy. This means that students who are in class receive a "100" for attendance that day and students who are not in class receive a "0" for that day. There are no make ups and no excused absences. Absences will be reported to the college for each session that the student is absent. I will take attendance at the beginning of class and keeps records. I will then document attendance in the My KV Student Information Portal. If a student is absent for 2 or more consecutive classes or never appeared in the class then the student will be contacted either by myself or another staff member from KVCC.
- Attendance is considered a necessary and essential function of the role of "student" in school. Attendance in class affords the opportunity to:
  - Engage in classroom interaction between the instructors and student and among students.
  - Contribute input which constitutes a significant component of learning.
  - Participate in activities that are essential to the learning method.
  - Avoid a significant loss to the educational experience.

- o Comply with the course syllabus and description and classroom practices and policies regarding attendance.
- To this end, students are encouraged to arrange their schedules around their classes and to make best effort to attend every class session and/or participate in every online requirement for their classes. You will be graded on attendance. If absent, it is the student's obligation to check with the instructor on the first day back for any work missed.
- I do not incorporate any process of “make up” for specific aspects of this class that require your “presence” (in class activities). If you miss class or miss completing an online graded assignment then you simply cannot make it up regardless of the reason why you missed them. It is not for me to judge the decision you made to not attend class or complete an assignment therefore I do not place myself as a judge in these circumstances: determining which “excuses” are valid or not.
- If you need accommodations for medical and disability-related conditions this needs to be verified through the Dean of Students (see below) but apply only to “non-essential” aspects of the course. Attending class, participating in the discussions, group activities and completion of assignments are considered essential aspects of the course and are not subject to accommodation.
- If a person experiences a major illness requiring an absence of several weeks, he/she may be unable to complete their course(s). It is imperative that the student (or his/her designee) notify the instructor as soon as possible so an appropriate plan can be made regarding the course.
- If a faculty member or a substitute is not present fifteen minutes after the scheduled beginning time, class will be cancelled. When a faculty member is not present, students should report this absence to the Academic Affairs Office, Enrollment Center, Frye Building.

## **OTHER COURSE REQUIREMENTS:**

The MHRT/C is a competency-based certification. The following competencies associated with this course have been deemed by the Maine Department of Mental Health Services as necessary to work in the field.

<http://muskie.usm.maine.edu/cfl/MHRT/2008%20Guidelines.pdf>

1. Understands family theory, developmental theory, human development across the life span, counseling theories, and crisis theory
2. Aware of prevalence and common effects of trauma
3. Aware of screening and assessment strategies for trauma
4. Aware of stages of recovery for survivors of trauma
5. Knowledgeable about etiology, progression, and treatment of major disabling conditions
6. Understands role of medication in symptom management
7. Understands ethics and conducts practice in a professional manner
8. Aware of the need to evaluate effectiveness of personal practice
9. Understands effective use of supervision

*These outcomes are assessed utilizing a specific set of assignments standardized within the context of the course.*

## **STUDENTS WITH DISABILITIES (2016/2017)**

Kennebec Valley Community College welcomes students with disabilities, and in accordance with state and federal laws, KVCC is committed to assisting students with disabilities to achieve their educational goals.

**In order to receive reasonable accommodations for this course:**

- Students must contact the Director of Learning Commons at 453-5084 or [cjohnson2@kvcc.me.edu](mailto:cjohnson2@kvcc.me.edu)
- Students must provide current, appropriate documentation of their disability
- Students must make a timely request for accommodation to the Director of Learning Commons
- Accommodations will not be provided until the faculty member receives a letter requesting accommodations. This letter is created with the director of learning commons and is supported by the documentation of stated disability
- Requests for accommodation(s) must be renewed each semester for each course

**To begin this process, please contact Christy Johnson, Director of Learning Commons at [cjohnson2@kvcc.me.edu](mailto:cjohnson2@kvcc.me.edu) or 207-453-5084**

**NOTICE OF NON-DISCRIMINATION (2014):**

Kennebec Valley Community College does not discriminate on the basis of disability in the admission to, access to, or operation of its programs, services or activities. Students requesting classroom accommodation should be forwarded to the Dean of Students, Enrollment Service Center, Frye Building, phone: 453-5019 or the Director of the Learning Commons, Lunder Library, phone: 453-5084

Complaints about College decisions related to disability accommodations or discrimination must be forwarded to Affirmative Action Officer and ADA Compliance Officer, Dean of Academic Affairs, Enrollment Services Center, 92 Western Avenue, Fairfield, ME 04937, phone: 453-5822.