

KENNEBEC VALLEY COMMUNITY COLLEGE FAIRFIELD, MAINE

Social Sciences Department Approval Date: 5/20/15 Semester: Fall 2016

COURSE NUMBER: MHT214 CREDIT HOURS: 3
COURSE TITLE: Incest, Sexual Abuse, and Trauma CLOCK HOURS: 45

PREREQUISITES: None **CO-REQUISITES:** None

INSTRUCTOR VOICE MAIL OFFICE E-MAIL ADDRESS

Bonnie Cole See Course Information in Blackboard

OFFICE HOURS: TBA

TEXTS:

Herman, J. (1997). Trauma & Recovery: The Aftermath of Violence – from Domestic Abuse to Political Terror. Basic Books. New York, NY.

OTHER MATERIALS:

TBA

COURSE DESCRIPTION:

Students will examine the problems faced by the adult and child who experience incest and/or sexual abuse and other victimization during childhood, adolescence, and/or adult life. Traditional and new response/treatment approaches and theories will be introduced regarding the sexual abuse victim/survivor population.

LEARNING OUTCOMES:

Upon successful completion of this course, the student should be able to:

- 1. Describe factors that contribute to trauma, especially in relation to incest/sexual abuse.
- 2. Discuss the impact of incest/sexual abuse on survivors and family members.
- 3. Explore psychosocial dynamics affecting survivors and offenders.
- 4. Describe models of treatment and intervention for survivors and offenders.
- 5. Demonstrate proficiency in quantitative literacy (ELO)*.
- 6. Demonstrate proficiency in creative thinking**.

COURSE CONTENT:

Lesson 1: Introduction and Orientation

Lesson 2: An Introduction to Trauma

Lesson 3: The Impact of Trauma

Lesson 4: Child Abuse

^{*} Essential Learning Outcomes demonstrate skills and knowledge related to general education learning outcomes as defined by the college. Specific rubrics within the course are used to assess these outcomes.

Lesson 5: Domestic Violence & Incest

Lesson 6: Sexual Abuse

Lesson 7: A New Diagnosis

Lesson 8: A Healing Relationship

Lesson 9: Safety, Remembrance, and Mourning

Lesson 10: Reconnection and Commonality

Lesson 11: The Other Side of the Story

Lesson 12: Research in Trauma – Part I

Lesson 13: Research in Trauma – Part II

Lesson 14: Establishing Safety: Planning for the Worst (but hoping for the best)

COURSE ACTIVITIES:

For each week in this class you will be assigned specific activities. These activities may include reading in the textbook, reading outside material, participation in discussions, quizzes on the text content, and reflection quizzes.

Lesson Plans

The entire course is divided into "Lessons" that cover specific topics and learning objectives in the class. The Lessons are listed in the Course Outline above. Each Lesson introduces you to specific subject matter and asks you to engage in a number of activities. These may include reading, exploring the web, researching, participating in online discussions, quizzes (multiple choice, short answer, and essay questions), and assignments (written work submitted as an attached document in a "drop box")

Each Lesson consists of:

- A Lesson Plan that outlines the content and provides detailed instructions as to any assignments
- Direct links to any Discussions, Assignments, or Quizzes that go along with that Lesson.

All the Lessons are located in the "Lessons" folder. Click on the Lessons link in the course Menu.

Online Discussions

Online discussions form the backbone of an online class. It is very important for you to participate actively and fully in these discussions. These discussions will be graded and will be available for a specified amount of time (Monday morning until Sunday night on a given week in the course). You are required to participate in these discussions following the instructions that will be provided to you in the online Lessons.

Grading of the online discussions will be done in accordance to this grading rubric:

Name	Online Discussion Rubric				
Description	This rubric can be used to standardize the grading of online discussions.				
Rubric Detail					
	Levels of Achievement				
Criteria	Non Performance	Needs Improvement	Meets Expectations		
Main Post	0 Points	20 Points	40 Points		
	No participation or main post does not address the prompt in the instructions	Main post is present but does not go into sufficient depth, is missing particular components, or simply repeats what others have already postedwhen applicable, claims are not substantiated with a reference.	Main post adds substance to the discussion and meets all the requirements of the prompt in the instructionswhen applicable, claims are substantiated with a reference.		
Reply Post	0 Points	10 Points	20 Points		
1	No participation or response post does not contribute to the discussion	Reply post is present but meets the criteria only in a superficial manner.	Response post is relevant to the discussion thread, introduces new information, asks a question, and/or provides unique insight into the conversation.		
Reply Post	0 Points	10 Points	20 Points		
2	No participation or response post does not contribute to the discussion	Reply post is present but meets the criteria only in a superficial manner.	Response post is relevant to the discussion thread, introduces new information, asks a question, and/or provides unique insight into the conversation.		
Mechanics	0 Points	10 Points	20 Points		
	No participation or post is written with unacceptable spelling, grammar, and/or syntax errors	Errors in mechanics are minor, but are somewhat distracting from the message.	No substantial errors in spelling, grammar, and/or syntax, or APA Citations.		

You are, of course, encouraged to post many times through the week. You are also encourages to post EARLY in the week so that you can benefit from others' responses to your post and so that others may benefit from your responses).

Please review the online document titled "Course Expectations and Policies"

Lesson Quizzes

Within the Lesson Plans you will be provided with a lists of ALL the questions included in the Lesson Quiz and/or directions related to the Lesson Assignment. You should prepare your answers and/or assignments ahead of time and then enter these answers into the appropriate online quiz or drop box.

Quizzes/assignments must be completed by the end of the week in which they are assigned. You may be able to work ahead on some of these as well.

Extensions on the due dates for quizzes/assignments may be allowed with sufficient reason; however, I reserve the judgment to not grant an extension. If you anticipate needing extra time it is best to get in touch with me PRIOR to the due date.

Special Assignments

The following assignments are those that have been incorporated into this class to not only teach you course content, but to also enable you to demonstrate learning associated with the KVCC General Education Outcomes. (See the section on General Education Outcomes at the beginning of this syllabus)

- Research Paper Project
- Quantitative Analysis Calculating a Correlation
- Problem-Solving Personal Behavior Management

• Information Literacy – Research in Psychology

It is critical that you review the information I have provided for each of these assignments in the course website. While the assignments are not particularly complicated, they are certainly complex, requiring planning and time management to complete them by their due dates.

GRADING:

Grading for the course will be accomplished in the following manner: (This section can be edited)

1.	Online Discussions / Attendance	25 %
2.	Lesson Quizzes	25 %
3.	Chapter Quizzes	25 %
4.	Problem Solving Assignment	5 %
5.	Quantitative Analysis Assignment	5 %
6.	Research Project	20 %

GRADING SCALE:

Letter Grades---Based on a final grade scale of 0-100, the following letter grades will be assigned:

95-100	A
90-94	Α-
87-89	B+
83-86	В
80-82	В-
77-79	C+
73-76	C
Below 73	F

Please note that I will not be giving grades below a C. The rationale to this is that students who do not master more than 72% of the material in this class are not prepared to meet the expectations of future classes or programs that require this course. It simply means that you have not learned enough material to really say that you have "passed" the class.

ATTENDANCE POLICY:

Please review the online document titled "Course Expectations and Policies"

OTHER COURSE REQUIREMENTS:

The MHRT/C is a competency-based certification. The following competencies associated with this course have been deemed by the Maine Department of Mental Health Services as necessary to work in the field.

http://muskie.usm.maine.edu/cfl/MHRT/2008%20Guidelines.pdf

- 1. Aware of prevalence and common effects of trauma
- 2. Aware of screening and assessment strategies for trauma
- 3. Aware of stages of recovery for survivors of trauma
- 4. Knowledgeable about resources to assist in trauma recovery process
- 5. Aware of the need to evaluate effectiveness of personal practice
- 6. Understands effective use of supervision

These outcomes are assessed utilizing a specific set of assignments standardized within the context of the course.

OTHER INFORMATION:

N/A

STUDENTS WITH DISABILITIES (2014)

In accordance with state and federal law, this College is committed to assisting qualified students with disabilities achieve their educational goals.

Students with Disabilities (2016/2017)

Kennebec Valley Community College welcomes students with disabilities, and in accordance with state and federal laws, KVCC is committed to assisting students with disabilities to achieve their educational goals.

In order to receive reasonable accommodations for this course:

- Students must contact the Director of Learning Commons at 453.5084 or cjohnson2@kvcc.me.edu
- Students must provide current, appropriate documentation of their disability
- Students must make a timely request for accommodation to the Director of Learning Commons
- Accommodations will not be provided until the faculty member receives a letter requesting
 accommodations. This letter is created with the director of learning commons and is supported by the
 documentation of stated disability
- Requests for accommodation(s) must be renewed each semester for each course

To begin this process, please contact Christy Johnson, Director of Learning Commons at cjohnson2@kvcc.me.edu or 207.453.5084

NOTICE OF NON-DISCRIMINATION (2014):

Kennebec Valley Community College does not discriminate on the basis of disability in the admission to, access to, or operation of its programs, services or activities. Students requesting classroom accommodation should be forwarded to the Dean of Students, Enrollment Service Center, Frye Building, phone: 453-5019 or the Director of the Learning Commons, Lunder Library, phone: 453-5084

Complaints about College decisions related to disability accommodations or discrimination must be forwarded to Affirmative Action Officer and ADA Compliance Officer, Dean of Academic Affairs, Enrollment Services Center, 92 Western Avenue, Fairfield, ME 04937, phone: 453-5822.