Name:		Site:							
Age:	Date: Time:	Location: _							
# of adults:	# of children:	Observer: _							
Physical Development Checklist									
	0-12 months		Successful	Not Successful	Refused	No opportunity			
Looks arou	nd (2 months)								
Laughs aloud (3–5 months)									
Controls head movements (about 4 months)									
Notices hands/feet and plays with them (3–5 months)									
Rolls over (4–6 months)									
Sits up without support (6–8 months)									
Holds bottle (6–8 months)									
Crawls (6–8 months)									
Walks with	support								
Imitates adults' facial gestures									
Reaches, grasps									
Puts objects in mouth									
Picks things up with thumb and finger									
Picks up toys that are dropped									
Teeth appear (6–12 months)									
	12-24 months								
Teething continues									
Crawls well, stands alone well									
Walks without help									
Pushes, pulls toys									

12-24 months continued	Successful	Not Successful	Refused	No opportunity	
Sits in chair					
Moves to music					
Throws, kicks a ball					
Crawls down stairs backward					
Stacks blocks					
Uses a spoon, chews food					
Turns book pages					
Jumps up and down					
Holds glass					
Opens doors and cabinets					
Scribbles, paints with whole arm					
Starts elimination control					
24-36 months					
Uses a spoon without spilling					
Opens doors					
Washes and dries hands					
Begins to cut with scissors					
Uses one hand consistently					
Runs forward, jumps in place, climbs					
Stands on one foot					
Walks on tiptoes					
Kicks ball forward					
Rides a tricycle					
Marches to music					