## MHT 124 - Chapter 5 Assignment - Strengths - Student Name

Item	Comment	Grade
Video		
Link	Video is submitted as a link to a web-based video.	
Comment		
Content		
Part I		
Skills (15)	Reflect on the specific skills you have	15
Experience (15)	Reflect on the specific experiences you have had	15
Part II		
Challenges (15)	Outline the specific challenges you have had	15
Overcome (15)	Connect the STRENGTHS you listed in Part I to how you overcame the challenges in Part II	15
Comment		
Format		
Order (5)	Slides are ordered logically	5
Voice (10)	Presentation has a voice over narration	10
Graphics (5)	Match between images/graphics and message	5
Comment		
Time		
Limit	Limit time to less than 10 minutes	
Comment		
Mechanics		
(20)	Spelling, grammar, syntax, clarity	20
Comment		
TOTAL		100