

MHT 110 - Lab 03 - MI and Treatment Planning - Student Name

Item	Comment	Grade
Introduction		
Counselor and Client Roles (10)	Counselor and client roles are well established and maintained through the video. Process is taken seriously. Counselor engages the client with an introduction. Retains time limit of 15 minutes max.	10
Comment		
Focusing		
Establish clear focal point	After the introduction to the client's issue, counselor works with client to focus the session on ONE part.	25
Comment (25)		
Evoking		
Explore/Affirm/Reflect	Specific to the focal point, explore and affirm experiences and skills. Includes a good deal of reflection and summarizing...similar to OARS.	25
Identify Barriers	Counselor and client identify specific barriers to the focal point.	
Past Success	Strengths based focus	
	All of this should lead you right up to the point of creating a treatment plan	
Comment (25)		
Treatment Plan		
Plan aligns with Focus	Context of the plan aligns with the Focusing and Evoking phases of the assignment.	25
Goals (SMART)	Goals are written out based on Focus and include dates of expected completion.	
Barriers to Goals	Barriers to EACH goal are outlined after EACH goal.	
Objectives/Steps address Barriers	Objectives address the specific barriers that are outlined for each goal. (What else would they do?)	
Comment (25)		
Video / Audio Quality		
(15)	Clarity of presentation, video/audio quality, position of camera	15
Comment		
TOTAL		100